

PARISH NEWS

MIDDLETON, NORTH RUNCTON & EAST WINCH

NORTH RUNCTON PAROCHIAL CHURCH COUNCIL INVITE YOU TO OUR "COMMUNITY HOUR TOGETHER"

ON

SATURDAY JUNE 10th at 3:00pm IN ALL SAINTS' CHURCH



How much do you know about North Runcton and the surrounding area? As part of the meeting, we are very privileged to have as our speaker, local historian, Dr Paul Richards who will give a presentation on "The Connections twixt North Runcton, King's Lynn and the surrounding Villages"

Come and improve your knowledge of where you live.

Tea and biscuits will be served at the end of the talk For more information please contact: Ken-on 01553 842265



PRESERVING LOCAL HISTORY

Saved from development in the 1980's Middleton Mount is a former Castle and Keep and though it holds many mysteries it is an important heritage site owned by Norfolk Archaeological Trust. The Trust has recently appointed a new Visitor Experience Manager, Fran Young, who will be looking for ways to ensure this community asset is enjoyed by the wider community and preserved for generations to come.

A valuable source of income for NAT is grazing farm animals on the land, and it provides the means for maintenance and upkeep of these precious places.

Recently NAT has introduced an all dogs on leads policy at their properties. Though this is obvious to everyone when there are sheep in the field, it is essential that our land is kept free from faeces which cause serious illness in sheep if they are unlucky enough to find some when grazing. We would ask all dog owners to please respect this policy in support of our work.

NAT would like to thank the volunteers who give time to ensure that Middleton Mount is litter free and perform maintenance work. The enthusiasm and passion of these folk ensure that this haven for wildlife and leisure area for residents. If you would like to improve your wellbeing and volunteer with us please visit the website <u>Support us | Norfolk Archaeological</u> <u>Trust (norfarchtrust.org.uk)</u> for more details and to get in touch.

COFFEE MORNING

Friday, 2nd June 10am - 12 At 16 Cedar Grove, North Runcton

Do come a along had have a friendly chat with homemade cakes and a cuppa. There will also be a raffle.

ALL SAINTS CHURCH NORTH RUNCTON FLOWER FESTIVAL

Friday 7th July to Monday 10th July

Due to health issues, it is with regret the flower festival will be cancelled this year Sorry for any inconvenience caused.

Lynda Fuller

MOTs

Tyres

Brakes

Servicing

EAST WINCH PARISH COUNCIL

Due to print deadlines it has not been possible to include a report on the 16 May meeting of the East Winch Parish Council in this issue. A full report will appear in the next issue.

NORTH RUNCTON **ART GROUP**



If you are looking for a relaxing and enjoyable afternoon come and join our friendly and sociable group. Our members are all of mixed artistic abilities and creative in their own way using a variety of mediums and always willing to offer advice and help if needed.

Sounds like what you have been looking for? So why not give us a try and have a free taster session.

The Village Meeting Place The Green, North Runcton Village, PE33 0RB Wednesdays 1.30 - 4pm or Thursdays 1.30 – 4pm Membership £30 paid quarterly in advance

For more information please contact Liz Kerslake 01553 841792 or Janet 01553 841514





01553 841263

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SAVE PENTNEY WOODS!

The 25-acre wood is opposite West Bilney Woods and can be identified by the 8ft Heras fencing that has been put up by the developer to keep people out. We have already applied for a footpath/bridleway as the paths in this wood have been used for over 20 years. The 38 'holiday home' plots proposed would cover the entire expanse of the land. Although the terminology used in the application alludes to it being "eco", the development would cause irreparable damage and destruction to the natural habitat of the many protected species known to be onsite, however, the planning officer seems to be ignoring this. The developer proposes to cut down over 1200 trees.

In addition, "wild swimming" is proposed in the stream. Removing trees from the water's edge, and digging out the stream to depths commensurate with swimming is both contrary to the Environment Agency regulations and catastrophic to the fragile ecosystem of the waterway which links into the River Nar, a SSSI.

Despite objections from The Norfolk Wildlife Trust, Parish and County Councillors and many others, this application somehow bypassed the Committee process. The Planning Officer insists she "must work with developers". This is not a proposal to provide permanent dwellings to fulfil a county obligation. The London-based developer and second home-owners would be the only ones to gain by destroying valuable habitat and an unspoilt local amenity that has been enjoyed



by walkers for many decades. Traffic movements would increase on Common Road, an already dangerous road due to the frequency of heavy lorries and having no pavements.

WE INSIST THE PLANNING DECISION GOES TO A COMMITTEE VOTE ALLOWING EXPERTS TO MAKE THEIR VOICES HEARD.

SIGN THE PETITION at: <u>https://</u> tinyurl.com/3vs94s3m

The planning reference is 21/01824/FM

Please, please help by sending in objections via the planning portal or by email to <u>borough.</u> <u>planning@west-</u> <u>norfolk.gov.uk</u> for the attention of Lucy Smith.

For further information or to volunteer to assist with surveys or rights of way, please email <u>info@careaboutconservation.org.uk</u> or telephone 01760 638320.

Middleton Parish Council Chairman's Report By Zach Wiles-Van Dyke

With the Coronation and election there hasn't been much other business to report on. We do however have one vacancy on the Parish Council for one councillor, so if you'd like to get involved and make a difference then please email me;

cllr.wiles-vandyke@middletonparishcouncil.org.

Thank you to everyone who showed up to the Coronation event. All the feedback was good so we think everyone had a good time!

Thank you so much to everyone who donated cakes, drinks and sweets and anyone who helped in any way. A special thank you to Val Ward and Rita Kale for running the horse-box bar (see photo below) and serving free tea and cake all afternoon and evening, and making enough cake to feed King's Lynn.



Thank you to everyone else who made cakes too. Thank you to Cheryl Rose for making and dishing up the vegan option. Thank you to Josh Harper for being a great help and doing multiple trips on the tractor to bring the horse-box, generator and trailer and everything else he did.

Thank you to Adam Harper for sorting out the TVs and the sponsorship display. Thank you to Valerie Newton and Marion Applegate for all their help with setting up, clearing up and the general running of the day!

Thank you to Pauline Petch for getting the hall ready, setting up all the tables and chairs and decorating the hall and making it look lovely.

Thank you to PM Bars LTD for providing the bar. Thank you to Manor Farm Hog Roast for a

delicious hog roast. Thank you to Abi May for singing!

Thank you to our sponsors that helped make the event possible; Arc Fabrications, Key Grounds and Garden Maintenance, LDR Physiotherapy and Regis Veterinary Physiotherapy, Middleton Aggregates, Total Motors, The Rose Room nail and beauty and ZW Cleaning Services.

If I've missed anyone then I'm really sorry. Thank you!



Leziate, Ashwicken & Bawsey Women's Institute



We meet every 3rd Tuesday of the month from 2pm - 4pm in Leziate Village Hall and welcome guests and new members.

In June we will be visiting Hardwick Road Cemetery for a conducted tour. Members will be shown how to do 'Book Folding' in July how to turn a boring novel into a work of art!

For further information please contact Ali South (Secretary) on 01553 841267.

Nar Valley Ornithological Society (NarVOS)



Indoor meetings at **The Assembly Rooms**, **1 Market Place**, **Swaffham PE37 7AB**

Wednesday 28 June 2023 at 7.30pm "Social Evening"

A social evening to meet the committee and other members and visitors.

A short introductory talk will be followed by free refreshments and displays of items of natural history interest, including books, photos and artwork. It's your opportunity to exchange birding news and discover more about the area from experienced birdwatchers. Members are encouraged to bring along items which may be of interest of others, perhaps an exchange of books and magazines.

Please inform in advance if you wish to offer a short presentation or discourse on the night.

Wednesday 26 July 2023 at 7.30pm "Working with Raptors"

Simon Dudhill from the Hawk and Owl Trust will talk about working with raptors and how he helps improve the habitats they need and monitors their populations, with barn owls and red kites as a special focus. This includes the provision of nest boxes for owls and small falcons and advising landowners on habitat management.

For 50 years the Hawk and Owl Trust has been dedicated to conserving owls and birds of prey in the wild and increasing knowledge and understanding of them. The Sculthorpe Moor Nature Reserve, close to Fakenham, is the base for this national charity and Simon will describe its range of managed landscapes including meadow, wood, fen and wetland and the species to be seen there.

Please come along. Visitors welcome. Admission £4 on the night; free to NarVOS members.

For more information contact Ian Black on 01760 724092 or go to www.narvos.org.uk

BLACKBOROUGH END VILLAGE YARD SALE

SUNDAY, 13TH AUGUST 8AM - 2PM



Back by popular demand, the village yard sale is the perfect chance to clear out your loft or garage and bring our community together!

As last year, residents of Blackborough End, including School Road, will be able to have a pitch on their own premises. £5 per pitch, with all proceeds going to Middleton Primary School.

Look out for the form that will be dropping through your door with full details of how to apply for a pitch. Further information available from Hayley on 07766 294335.

There will be a map available on The Green showing the location of all the pitches.

Refreshments will be provided on The Green by:

- JJ's Vintage Ice Cream
- Chloe's Burger Bar & Hog Roast

In addition, this year there will also be an opportunity to have a "car boot pitch" in the **Village Hall Car Park**.

They will also be £5 a pitch starting from 8am and <u>must</u> be pre-booked by phoning **07751 899118.** All proceeds for pitches in the car park will go to Middleton Village Hall.

Further information on this great event in the next edition of the Parish News!

North Runcton News

West Winch Growth Area (WWGA)

We understand that BCKLWN officers have submitted a written response to the Local Plan examiners in reply to their request for more evidence to show that the scale of development proposed in the WWGA is justified.

The examiners also asked for more evidence in relation to the proposed Borough spatial strategy and transport strategy. We await to hear what the examiners make of this new information, but as yet we are not clear when that will be, or in fact, when the examination will be reconvened.

What we have heard is that the BCKLWN Strategic Planning Policy Manager, who has been leading on the Local Plan Review, is retiring after little more than a year in post. Perhaps not a sign of optimism.

At the time of writing, it is also unclear who, following the recent Borough elections, will be leading the Council and steering the ship forward on these major planning decisions. It may be wise to book a deckchair near the lifeboats ...

As before - we ask that all residents please report your views to us in regard to the West Winch Growth Area, simply so that we know that we, the Parish Councils, are continuing to reflect community views. Contact: northrunctonparishclerk@outlook.com

Carolean? Carolingian? Charlibethan?

Thanks to everyone who attended our coronation event in North Runcton. Everyone seems to have enjoyed the evening, the weather was kind and several passing satellites were noted in the night sky. Surely a portent of good times ahead? Or at least the hegemony of Chinese spyware? Thanks to all who helped to organise.

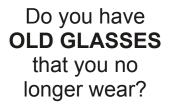
North Runcton Conservation Volunteers

The group completed a second litter pick around the village in April. Many thanks to everyone who came out to help.

Plans for the summer include keeping the permissive path walkable as vegetation grows as well as checking the condition of plants and clearing nettles in Sheep's Course Wood. I will be in touch through the North Runcton Community Facebook page with specific dates. If you would like to be involved - please email me at <u>cllrpalmer@northrunctonpc.co.uk</u>

Community Speedwatch

We await confirmation of the training dates for this. Please contact Rachel if you are still interested in joining the group. <u>northrunctonparishclerk@outlook.com</u>.





Chichester Lions Club collect old glasses, sort and grade them then ship them around the world to help people who need to see more clearly.

If you have any old glasses, please drop them into the postbox at 56 Common Lane, North Runcton PE33 0RF. I will make up a parcel to send off to the Lions Club.

Anna Gunn



Psychospiritual Care at the End of Life. A talk by Tapping House Chaplain Revd Brendan Mooney

Wednesday 21st June 2023 at 7.30pm at the London Rd Methodist Church, King's Lynn, PE30 5PU.

West Winch Bowls Club



In keeping with tradition, the Green was declared open by club president, Ken Manning bowling the first wood of the season on Saturday 15th April. The Club Chairman, David Bull welcomed everyone to this opening event.

There followed an open Roll Up where members new and old took to the Green. This all took place in brilliant warm sunshine much to the delight of the participants. The Green is in magnificent condition thanks in main to Ken and Jim Grant, not forgetting their team of cutters and others who carry out the necessary Green maintenance.

Some league games have already commenced, mainly in the Albert Victor and Middleton leagues. Sadly, some of the leagues have reduced in size following the Covid pandemic.

A number of beginners have joined the club and by all accounts are quickly learning the skills. These new members have/are receiving bowls tuition from either Jim Grant or David Thompson. Bowls is great fun and the club is very friendly. Why not give bowls a try?

The club celebrated the King's Coronation with a Roll Up and Barbecue. Sixteen bowlers played 3 wood pairs changing rinks after six ends. They each played 4 rinks making 24 ends in total. Fortunately, the rain which had been forecast held off for the whole afternoon. The bowls event was organised by Ken Manning and Jim Grant.

The event concluded with a Barbecue when 31 members and guests feasted on the delights organised by the Committee. Chefs were David Thompson and Trevor Burt, salads were prepared by Trish Field and garnishes were made by Janet Nunn. A large, iced fruit cake was kindly made and donated by Marion Southwell. Her cake was beautifully decorated the cake; it seemed a shame to cut it! I can confirm that the cake tasted as lovely as it looked! Thank you Marion.

Janet and Geoff Nunn served the food and also took care of the washing up. Again, Janet and Geoff, many thanks. And that also goes to all those who helped in any way or form to make this a special occasion. We are so lucky to have such a proactive and hard-working Committee.

Roll Ups continue on Tuesday afternoons starting at 2pm and also on a Thursday evening starting at 6pm. Everyone is welcome to pop into the bowls club and see what goes on. The bar is usually open when drinks or teas and coffees are on sale.

Spectators and new members are always very welcome.

Davíd Skerrítt



King's Lynn A+LUK Support Group is your local Support Group, run by volunteers.

Are you or someone you know affected by a lung condition? Joining a Support Group could help you manage your lung condition by sharing information and advice, helping you live well, and maybe even reducing the chances of an emergency hospital admission.

We meet on the last Monday of every month from 1pm - 3.30pm at Gaywood Church Rooms, Gayton Road, King's Lynn, PE30 4DZ

Everyone's welcome to join us at meetings, featuring guest speakers and refreshments.

For more information contact: 0300 222 5800 breatheeasykl@gmail.com

"I've met so many lovely people, all of us with a common condition - our lungs. I learnt more in the last year about my condition than ever before."

HOW TO REPORT FLY TIPPING

The Borough Council is responsible for dealing with fly tipping and have an on-line reporting system.

To report an incident of fly tipping, please visit the Council's Home Page and click on the link "Report fly-tipping".

Do You Have Any Ghostly Stories To Share?

In October 2021 King's Lynn resident Dr Paul Lee wrote a book on the ghosts of West Norfolk, which uncovered many new or forgotten stories from the area.

Soon after the book was released he was inundated with brand new accounts from interested readers, but his previous research efforts were hampered by the Covid pandemic.

Now that restrictions have lifted he has availed himself of the treasures contained in libraries, archives and museums and after spending hundreds of hours scouring old newspapers and books, and interviewing witnesses, he is now planning a massively expanded second edition to be released this forthcoming Halloween (his birthday incidentally).

He is now positive that there are many hitherto untold stories from the region after being overwhelmed by the generosity of West Norfolk residents who shared their encounters with the uncanny. These range from the more benign traits of hauntings such as footsteps and items moving, to alarming tales of families fleeing their homes in the early hours of the morning after months of spectral torment. Afflicted locations include stately homes, pubs, hotels, castles and even the roadways of the region.

Paul is keen to hear from any readers who might have some information on the phantom residents of the region. It doesn't matter if the stories are ancient or modern, or whether they occur in private homes or public locations (he will honour anonymity if you desire).

He is planning to finalize his manuscript by the start of September and would be grateful for anything before then.

His email is paul.lee.1971@gmail.com

LEZIATE SHORT MAT BOWLS CLUB



We meet at Leziate Village Hall every Thursday afternoon from 2 – 4pm.

New members needed. If you already play or would like to start, please come and join us.

For further information, please contact David Goose on 01485 600919.



Our **Tums to Tots** group meets in East Winch Village Hall as part of the National Childbirth Trust, **10am to noon every Friday**.

Open to all parents, parents-to-be, babies and toddlers. Call **07748 591431** for more information.



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OPEN GARDENS AND ART EXHIBITION

ON SUNDAY 9TH JULY 2023

NORTH RUNCTON IS HOLDING AN "OPEN GARDENS" EVENT PLUS AN "ART EXHIBITION" BY LOCAL ARTISTS IN ALL SAINTS' CHURCH

11:00AM- 4:00PM

IF YOU ENJOY: HAVING A STROLL LOOKING AT GARDENS, VIEWING LOCAL ART AND TEA AND CAKES.

THEN DO COME AND JOIN US FOR A PLEASANT DAY OUT.

PARKING IS ON THE VILLAGE GREEN.

ONLY ASSISTANCE DOGS WILL BE ALLOWED TO ENTER THE GARDEN SITES.

OPEN GARDEN LOCATION MAPS WILL BE ON SALE FROM THE VILLAGE MEETING PLACE: £5 FOR TWO ADULTS, CHILDREN UNDER 15 FREE.

> ENTRANCE TO THE ART EXHIBITION IS FREE BUT DONATIONS IN AID OF ALL SAINTS' WILL BE GREATLY APPRECIATED.

DURING THE DAY, LIGHT REFRESHMENTS WILL BE AVAILABLE IN THE VILLAGE MEETING PLACE WHICH IS NEXT TO THE GREEN.



CAN YOU HELP US?

We're on the lookout for new volunteers to help at our Distribution Centre in St Margaret's Lane.

As a Foodbank centre helper you will play a vital role giving direct support to people who use food banks, meeting and greeting people coming into the food bank, packing their food parcels, making them feel comfortable and providing further signposting support where appropriate. In this role you can make a real difference to people's lives providing vital help and support to those in crisis in your local community.

The volunteers need to be in the Distribution Centre between 11:40 and 2:30pm on the day that they volunteer. We're looking for extra people particularly for Tuesdays and Wednesdays, but we have available volunteering slots on other days too. If you're interested, please get in touch: <u>info@kingslynn.foodbank.org.uk</u> 07582 558143

Changes



Supporting those affected by bereavement.

If you would like to meet with others in a safe, supportive environment, please join us on 1st Thursday of the month from 6.30-8.00pm

Refreshments provided. Open to all faiths or none.

St Faith's Church Community Hub Gayton Road King's Lynn PE30 4DZ

Contact Sue : 07485001547



DONATIONS AND TRUSTEE NEEDED

The Night Shelter remains open until 30th June and has had a busy year.

It has been full since reopening for the season in October and has consistently had an extensive waiting list of people in need of help.

In addition to the 22 people accommodated to date, by the end of April a further 200 people had been given assistance "at the door" with food, hot drinks, sleeping bags, advice and referrals.

The Night Shelter believes that 63 of these had nowhere to go, with the remainder "sofa surfing" or otherwise vulnerably housed.

The Night Shelter is now beginning to plan for the autumn. This will only be possible with adequate funding.

The Night Shelter has had its most difficult financial year to date as we received no Government grant and the Local Authority's contribution has been less than in previous years. We will be launching a fundraising appeal in the local media shortly for October 2023.

The trustees are full of gratitude and admiration for the work that Julian Hallett has given the Night Shelter over the last 6 years as Treasurer and as Chair. His role as Treasurer has been taken on by Martin Green.

The Charity is very keen to appoint a Trustee with links to the Lynn's Eastern European community and would be glad to hear from anyone interested.

Anyone wishing to donate to our October appeal can do so via our website<u>www.</u> <u>klnightshelter.org.uk/giving</u> or transfer money to Lloyds Bank, Sort code: 30-99-08, Account number: 23417260, A/c name: King's Lynn Night Shelter, or contact Lucy<u>nightshelter.</u> <u>steering@gmail.com</u>.



FORTHCOMING EVENTS

Wednesdays from April through October: Tea With a Pony 11.00 am – 12 noon at Magpie Centre, Wallington Hall, PE33 0EP. An opportunity to have tea, cakes, a social chat and meet one of our gentle ponies in the wheelchair-accessible Sensory Garden (or in the marquee in bad weather). £5 per person. Booking essential. Call 01553 810202 during office hours.

Saturday, 3 June: Craft Fair and Have a Go Dog Agility 10.00 am – 4.00 pm at Wallington Hall. There are around 50 stalls to browse in the indoor school, with wheelchair friendly access. Admission £2; under 16's free. Free parking. Refreshments available all day. Dog Agility £2. Well-behaved dogs on leads welcome. No dogs to be left in cars.

Saturday, 10 June: Bingo Evening at Stowbridge Village Hall, Downham Road, Stowbridge PE34 3PE. Doors open 6.30 for Eyes Down 7.00 pm. Light refreshments available. For more details see Magpie Centre Facebook page. Proceeds to West Norfolk Riding for the Disabled Association.

Sunday, 11 June: Sponsored ride around Wallington Hall Estate. Rides of varying lengths, including a short route for lead-rein riders. No road work. For more details visit Hoofbeats Facebook page.

Middleton Badminton Club

Play badminton most Monday evenings (not Bank Holidays) at the Village Hall from 7pm to 9pm. The club is friendly and always welcomes new members.



Please contact James Williamson (07752 285061) for more information.

KING'S LYNN WOODTURNERS CLUB

The club meets in Middleton Village Hall on the **second Wednesday of each month at 7:30pm**. The club welcomes new members and if you would like further information please call them on 01553 841294.

HANDY TIPS FOR STAYING SAFE AND GETTING THE MOST OUT OF BEING ONLINE

Nowadays many aspects of life – whether it's planning a trip, making new friends or organising bills – involve being online. Many essential tasks, such as paying for parking and shopping, have also moved online.

This can make life difficult if you're not comfortable online, with simple tasks becoming that little bit more challenging. It might even mean you're missing out on opportunities.

Here are some tips for staying safe online. Perhaps the most important advice is that you should always treat any unsolicited contact whether by phone, text or email as deeply suspicious!

Protecting your computer, phone or tablet with anti-virus software. There are free options as well as paid ones. Keep your device software and anti-virus software updated.

Setting strong passwords. Passwords help stop scammers from getting into your online accounts. There are ways you can make them more secure.

• Always use strong passwords – for example, by using at least three random words like 'CatDogIris'. You can include numbers, punctuation, uppercase and lowercase letters too.

• Use a different password for each account.

• Consider using a reliable password manager – this is an app that you can save your passwords in.

• Use two- or multi-factor authentication (2FA or MFA) – this involves a code or prompt being sent to something only you can access, such as a phone, email address or security device.

• Always log out of your accounts when you've finished.

Checking a website is secure

• Look out for a little padlock symbol in the browser window frame

• When the website URL begins with https, the "s" stands for secure

· Check the website name is spelt properly

typos or extra letters could mean a scam

Keeping yourself safe online

• Watch out for scams and take action if you're worried

• Avoid including personal information, like

your full name, in usernames

• Be careful what you share about yourself online

• Only accept friend/follow requests from people you know

• If you meet someone online, remember not everyone is who they say they are. Be wary of anyone who wants to move offline too soon and never send money to someone you've met online.

Reporting fraud or possible scams

• If you've been the victim of an online crime, however small, don't keep quiet. Tell someone you trust and report it to **Action Fraud**. You can report it online at <u>www.</u> <u>actionfraud.police.uk</u> or by phone on **0300 123 2040**. If a crime is in progress and you need help immediately, call the police on **999**.

• If you have received a suspicious email, forward it to the Suspicious Email Reporting Service (SERS)

at **report@phishing.gov.uk**. The National Cyber Security Centre (NCSC) will analyse the suspect email and any websites it links to.

• If you receive a suspicious text message forward the text to **7726**, your provider can investigate the origin of the text and arrange to block or ban the sender if it's found to be malicious.

• To report a scam phone call, simply text **7726** with the word 'Call' followed by the scam caller's number.

New to volunteering, or looking to gain more skills?

JOIN THE NORFOLK VOLUNTEER Passport Scheme

Volunteering is a great way to meet new people, build confidence and find a sense of purpose.

The volunteer passport provides you with free training to allow you to move between voluntary organisations, filling urgent, short-term roles.

For more information:

volunteercentre@voluntarynorfolk.org.uk

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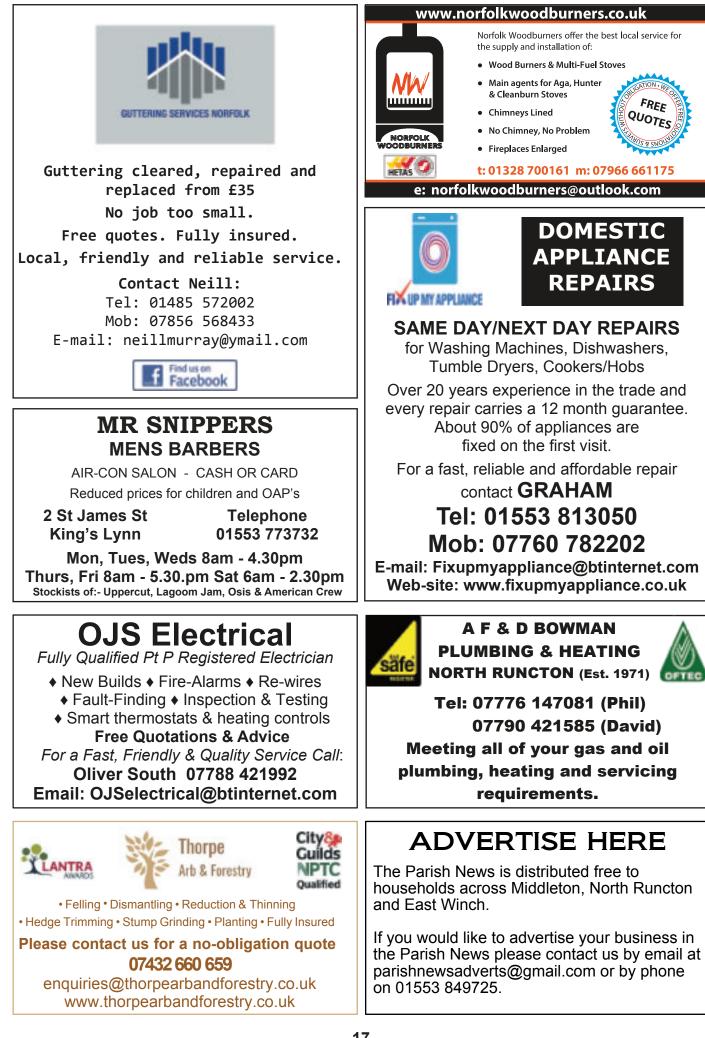


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LOUIE'S HAND CAR WASH NORTH RUNCTON **AND TYRES** PARISH COUNCIL MINUTES Copies of the minutes from North Runcton CARS START from £8 Parish Council meetings are available on the MINI VALET from £35 website: FULL VALET from £70 https://northrunctonpc.norfolkparishes.gov.uk/ **NEW AND PART WORN** However, if you would like a paper copy sent in TYRES the post then please contact Rachel Curtis -Clerk to North Runcton Parish Council PUNCTURE REPAIRS Tel: 01553 673043. WE SELL USED **CARS & VANS** 24 HOUR BREAKDOWN RECOVERY SERVICE A.J.COGGLES CALL LOUIE Family Funeral Director **OTHER SERVICES** FLO GAS **Building & Garden Maintenance** A complete caring and **OFFICIAL** Painting & Decorating personal service **FLOGAS Cleaning Services** LPG Patios • Roofs • Driveways offered by a local family business STOCKIST Guttering Conservatories 5th Generation Independent Family Service. A47 Lynn Road, Middleton Next to (but no access from) Total Motors Golden Charter Office: 01553 841000 Mobile: 07799 877376 Open 7 days a week 8am to 6pm 13 Bridge St, Downham Market - 01366 384182 1 Blackfriars St, King's Lynn - 01553 766795 67 Lynn Rd, Wisbech - 01945 461112 40 Greevegate, Hunstanton - 01485 534421 Website: www.ajcoggles.co.uk Helping adults in west Norfolk get **Baby & Toddler** involved in their Swimming Lessons local community in East Winch We can provide you with one to one support to help you: Access community groups, events and services Rekindle or discover a hobby or interest Move into volunteering Increase your confidence Meet new people Get online asklily.org.uk ile š 01553 616200 **NB SUIPI SCHOOL** www.kbswimschool.com

Church Services in June & July

Sunday, 4 June 11.00am Middleton Holy Communion 2.00pm N Runcton Evening Service Sunday, 11 June 10.00am W Winch Holy Communion & Baptism Sunday, 18 June

11.00am N Runcton Holy Communion 2.00pm Middleton Evening Service

Sunday, 25 June 10.00am W Winch Holy Communion 11.00am **E Winch** Holy Communion

Sunday, 2 July 11.00am N Runcton Holy Communion Sunday, 9 July

10.00am W Winch Holy Communion

Sunday, 16 July 11.00am Middleton Holy Communion

Wednesday, 19 July 10.00am **Middleton** Holy Communion

Sunday 23 July 11.00am E Winch Holy Communion

Sunday, 30 July 10.00am W Winch Morning Service 11.00am N Runcton Benefice Communion 2.00pm Middleton Evening Service

Middleton's **Little Ladybirds** Nursery

Spaces Available! 3 and 4 year old funded places 15 or 30 hours available Wrap around care available from 7:45am to 4:15pm Just off the A47, near King's Lynn





Contact: office@middleton.norfolk.sch.uk www.middleton.norfolk.sch.uk 01553 840234 **Middleton Church of England Primary Academy** School Road, Middleton, King's Lynn **PE32 1SA**

Mobile Library New Timetable

Following a review of the Mobile Library service, Norfolk County Council have confirmed that new timetables are being implemented from 3 July.

The timetable for our area is much the same in that the Library will visit once every four weeks on **WEDNESDAYS** but from July there will be two stops at Fair Green rather than the current three stops.

The next visit is on **WEDNESDAY**, **7 JUNE** under the existing timetable below:

North Runcton The Green	10:05 - 10:20
Blackborough End The Firs Blackborough Green	10:30 - 10:45 10:50 - 11:00
Middleton Oakdale/Village Hall St Mary's Crescent 42 Hall Orchards	11:05 - 11:30 11:35 - 11.45 11:50 - 12:00
Fair Green Park Hill Estate Graham Drive Paul Drive/Gate Inn	12:05 - 12:20 12:25 - 12:40 12:45 - 13:00
East Winch	

Gayton Rd - Opp Windyridge	15:15 - 15:25
Town Close	15:30 - 15:50
Village Sign	15:55 - 16:05

The next visit will be on WEDNESDAY. 19 **JULY.** The only change to the timetable above is at Fair Green where there will be just two stops as follows:

Fair Green Park Hill Estate Graham Drive

12:05 - 12:30 12:35 - 13:00

CARPET BOWLS

Sociable, fun & sporting.

Meetings on Tuesdays at 7.00pm in Middleton Village Hall.

New members very welcome. Two free trial sessions for new members.

Come along and

try a game!



Enquiries: 01553 840471

PARISH CONTACTS

CHURCHES

Priest-in-Charge: Rev Riaz Mubarak 01553 841519 E-mail: rev.riaz.mubarak@gmail.com

Combined PCC (Middleton & East Winch Church) members:

Mrs Jacqueline Ramsay (Jackie), Mrs Wendy Smith, Mr John Dunn, Mrs Vicky Pidcock, Mr Fred Pidcock, Susan Cutter, Mrs Susan Dunn and Mrs Janet Weavers.

Contact: combinedparochialchurch@gmail.com

<u>Middleton St Mary's:</u> Churchwardens: Susan Cutter & Susan Dunn; PCC Secretary: Mrs. Vicky Pidcock; Treasurer: Mr. John Dunn; Fabric Officer: Fred Pidcock

East Winch All Saints: Authorised Worship Assistant: Jackie Ramsay;

Treasurer: Mrs W Smith 842281

North Runcton All Saints:

Churchwarden: Mr K Matthews 842265 PCC; Secretary: Mrs Ann Matthews 842265 Treasurer: Mrs Maggie Challis 842540

PARISH COUNCILS

Middleton (www.middleton-news.co.uk)

Clerk: Simon Gomes-Da Costa Tel: 07535 044163 E-mail: clerk@middletonparishcouncil.org **Councillors: Chair:** Zach Wiles-Van Dyke; **Vice Chair:** Val Ward; Mrs M Applegate; Mrs E Barclay; Mrs V Newton; Mr M Porter; Mrs C Rose; Mr B Smith; Mr M Wiles. The Council meets on the first Wednesday of the month (except August) in the Village Hall at 7pm.

North Runcton (http://northrunctonpc.norfolkparishes.gov.uk)

Clerk: Rachel Curtis Tel: 673043 E-mail: northrunctonparishclerk@outlook.com

Councillors: Chair: Mr R Morrish Tel: 840284; **Vice Chair:** Miss K Fuller; Mr J Braybrook; Mr J Fuller; Mrs L Gunn; Mr B Houchen; Mr S Palmer; Mrs K Williams; Mr P Yallop. The Council meets on the second Tuesday of each month (except August) at 7.45 pm at the Village Meeting Place.

East Winch (www.eastwinchandwestbilney.co.uk/parish-council)

Clerk: Bob Pannell Tel: 775724 E-mail: bob.pannell1@btopenworld.com

Councillors: Chair: Melvin Place; Vice-Chair: Alan Yarham;

A Bellhouse; Ms S Crocker; A Stephens; N Velzeboer.

The Council meets every other month, normally on the first Tuesday of the month, at 7.30 pm in the Village Hall.

Borough Councillors: <u>West Winch Ward:</u> Simon Nash (01553 811200) & Thomas Barclay (cllr. thomas.barclay@west-norfolk.gov.uk). <u>Gayton & Grimston Ward:</u> Michael de Whalley (07770 273903) & Bal Anota (07355 473970)

County Councillor: Jim Moriarty (Email: jim.moriarty.cllr@norfolk.gov.uk)

MP: James Wild (Email: james.wild.mp@parliament.uk Tel: 0207 219 3000)

Other Contacts:

Badminton Club	James Williamson	07752 285061
British Legion	John Collier	01553 842566
Car Scheme	Brian Roberts	01553 841360
Carpet Bowls Club	Peter Wall	01553 840471
East Winch Village Hall	See East Winch & West Bilney Community Website	eastwinchvillagehall@gmail.com
Lunch Club	Olive Turpin	01553 840623
Middleton Village Hall	Pauline Petch	01553 842149
Mothers' Union	Gillian Boon	01553 840320
N Runcton Village Meeting Place	Rachel Curtis	01553 673043

<u>Editor:</u> Chris Hudson; E-mail: editorofparishnews@gmail.com or call 01553 849725. <u>Advertisers:</u> Please E-mail: parishnewsadverts@gmail.com or call 01553 849725. <u>Distribution:</u> David & Emily Colgan; E-mail: david.colgan@btinternet.com or call 01553 841307 Views expressed in the magazine are not necessarily those of the Editor.

The deadline for the next issue (August/September) is Friday, 14 July.